



Base Bulletin

Vandenberg AFB, CA 93437-0759



24 March 2004

No. 12

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Attention All Personnel: The 30th Space Wing Inspector General (30SW/IG) has relocated from Bldg 10577 to their new offices in Bldg 7015, Rm 113. All their phone numbers remain unchanged. For information concerning the Inspector General Complaints program or to schedule an appointment, contact them at 5-6366 or 6-2183. (30SW/IG)

b. Attention Commanders Support Staff: The updated 30SW/IG Visual Aid Poster is now available using the following link: <http://vepdl.vandenberg.af.mil/30swpubs/30va/30swva90-1.pdf>. Ensure you post this update poster on your unit bulletin board. If you have any questions, contact the IG at 5-6366 or 6-2183. (30SW/IG)

c. Office Closure: The Area Defense Counsel will be unavailable the week of 22—26 Mar 04, due to the ADC Conference. We apologize for the inconvenience this may cause. Contact: SSgt Mitchell, 6-3627 (AFLSA/ADC)

d. Office Closure: The Wing Legal Office will be closed for Legal Assistance from Thursday, 25 Mar 04 through Monday, 29 Mar 04. If you have an **emergency** legal issue, contact the on-call attorney at 588-2822. Regular Legal Assistance hours will resume on 30 Mar 04. Regular Legal Assistance hours are: Monday, Wednesday, and Friday 0830—0930, Tuesday and Thursday 1530—1630. Contact MSgt Cary Rosson, 5-6200. (30SW/JA)

e. Retroactive Tax Benefit: There is a retroactive tax benefit for tax years back to 1999 involving California returns. If you were a non-resident with a working spouse, the new law will subtract your military pay on the non-resident return. This change affects all non-resident returns filed for 23 different states that have used the military member's income to determine the spouse's tax bracket. Amendments for 1999 must be received by California Franchise Tax board by 15 Mar 04. The state has yet to pass the law to comply with the Federal requirements, but will hold the 1999 amended returns for later after they reach compliance. Contact your unit tax advisor or the tax office at 6-3650. (30SW/JA)

f. Office Closure: The 30th Comptroller Squadron, Financial Services Flight will be closing at 1200 on Thursday, 25 Mar 04. The entire 30CPTS will be closed during the 30th Space Wing's Family Day on Friday, 26 Mar 04. If you have a financial emergency on 25 or 26 Mar 04, please contact 1st Lt Finan at 588-0701 for assistance. (30CPTS/FMFC)

g. Upcoming Food Service Events: 25 Mar 04, the Breakers and Beachcomber Dining Facilities will have National Waffle Day. They will serve waffles and waffles on a stick during the breakfast meal. 11 Apr 04, the Breakers will host the Easter Meal. It is open to all ID card holders and guests. 16 Apr 04, is Eggs Benedict Day at the Breakers and Beachcomber. Eggs Benedict will be served during the breakfast meal. (30 SVSW/SVMF, 6-5496)

TEAM VANDENBERG

h. Chief Induction Ceremony: The Vandenberg Chief's Group cordially invites everyone to the 2004 Chief Induction Ceremony and dinner on 26 Mar 04, social hour beginning at 1800, at the Pacific Coast Club. This year's Inductees are: Anthony Bennett (576FLTS), Andrew Cederle (14AF), Brian Joseph (30MSG), and Michael Watson (30SCS). Please see one of the inductees to purchase your tickets. (30MDG/CEM, 6-8736)

i. Air Force Assistance Fund (AFAF): The 2004 Vandenberg AFB AFAF campaign kicks-off on Monday, 29 Mar 04 and runs through 7 May 04. The AFAF is composed of four affiliates: the Air Force Aid Society, the Air Force Village, the Air Force Enlisted Fund and the LeMay Foundation. Contributions to these affiliates provide much needed financial assistance through numerous programs to active duty, reserve, guard, retirees and their families. Unit project officers and key workers will canvass their units for contributions during the campaign period. Only active duty personnel will be directly solicited. However, unsolicited contributions from civilians and private organizations are welcome. The installation project officer is Capt Mark Shoemaker, 5-4040. (2SLS/DOB)

j. School Career Day Volunteers Needed: Volunteers for Career Day at Fesler Junior High School in Santa Maria, are being sought for Thursday, 29 Apr 04, 0745 through 1140. A team of two speakers will be assigned to one room for the entire morning and students will rotate through. Class periods are 50 minutes, speakers would be asked to speak about their particular career field for 20 to 25 minutes each. To volunteer, please contact Public Affairs at 6-3595 NLT 6 Apr 04 and provide your name, squadron, duty phone number, and FAX number so that Public Affairs can provide you with a confirmation slip and Career Day Fact Sheet. (30SW/PA, 6-3595)

k. New One-Stop™ Kiosks: Customer Service for both Financial and Personnel matters will be available by 15 Apr 04 through the new One-Stop™ Kiosks at three locations on base: BX, Hospital, and the 381st TRG Dormitory. MyPay, vMPF, printable DoD and Air Force forms, and access to local information via the Internet are just a few of the functions the Kiosk will perform. For questions or concerns, please call 1Lt Sarah Armstrong at 6-7082. (30CPTS/FMF)

l. Request for Additional Airman's Manuals: The 30th Operations Group (OG) is looking for extra copies of the Airman's Manual (AFMAN 10-100). If any unit has any to spare, please send them our way. Any amount would be greatly appreciated. Please contact SSgt Doerr at 6-9236 or A1C Beekhuysen at 6-6887 for pick-up. (30OG/CCA, 6-6887)

m. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call Mr. Alverson at 6-5810 or CE Customer Service at 6-0010 to verify that correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3, Attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOF, 6-0010)

n. Are You A Dangerous Driver? Do you eat or drink while driving? According to research statistics, about 60% of drivers surveyed said they eat while they're driving. That's how one big rig driver spilled his trailer over an overpass in Santa Maria. According to a news article, he leaned to the right of his cab to retrieve his lunch. You can probably name at least one near miss you have experienced while eating and driving. (30SW/SEGB, 6-8804)

o. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. FormFlow Transition: Drawn Down for Access to FormFlow Forms has been extended to 1 June 04. The Air Force Departmental Publishing Office (AFDPO) will remove all FormFlow forms from the e-Publishing web site on 1 Jun 04. - Air Force Space Command will likewise remove all FormFlow forms from the AFSPC Forms Library web site on 1 Jun 04 (in conjunction with Air Force date). The FormFlow software will still be available for customers to use and should not be uninstalled from any computer. It is highly recommended that users of FormFlow forms download those forms that they frequently use and place them on their own personal drive before 1 Jun 04. We also recommend that you save the FormFlow form and legacy data together as a package; this process will ensure that the retrieval of the form and data can be easily accomplished when required. Users can also transfer legacy data to an IMT, by using the cut and paste procedure. Air Force e-Publishing is to have a process in place for customers to obtain the archived FormFlow forms by contacting the e-Pubs help desk. You may also contact the AFSPC Forms Management

Office, DSN: 692-6802 or 3157 for assistance in obtaining the archived FormFlow forms. (30SCS/SCSP, 6-7894)

b. New information in revised AFI33-360Vol1, 30 Jan 2004: Policy can now be issued via e-mail. Refer to [AFI33-360Vol1](#), Para. 3.2 through 3.2.2 for specific instructions. To meet the direction of Para 3.2.1.1. address e-mail to publishing.vafb@vandenberg.af.mil. (30SCS/SCSP, 6-7892)

c. EMSEC, COMPUSEC, IAAP, COMSEC, Network Security? Find out more on the Air Force Space Command (AFSPC) Information Assurance web page at <https://halfway.peterson.af.mil/infoassurance/>. (30SCS/SCBI, 5-2352)

d. Radio Frequency Environment Questions? The goal of the 30 SW Radio Frequency (RF) Spectrum Management Office is to ensure that all legitimate users of the RF spectrum are allowed to operate in an electromagnetic interference (EMI) free environment. This is especially important in the operation of mission equipment, but important also to all of us who rely so much on personal RF devices in the non-mission environment. The Network Infrastructure Element of the Mission Systems Flight performs the installation spectrum management function. (30SCS/SCMI, 6-6695)

3. Traffic Management Office: (30LRS)

a. Separating, Retiring or PCSing? Plan Ahead! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. (30LRS/LGRT, 6-6932/33)

c. Shipping Your Pet: If you are PCSing overseas with your pet, the following website contains useful information and web links: <https://amclg.scott.af.mil/cgi-bin/index.pl?dd=/don/lgtp&ti=HQ+AMC/LGTP+-+Passenger+Policy>. HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30LRS/LGRT, 6-6932/33)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

a. Voluntary Leave Transfer Program: Annual leave donations are needed for Alana M. Davenport, Facility Operations Specialist, assigned to 30CES/CEOEC. Ms. Davenport has exhausted all of her own available leaves and will require approximately 73 hours of donated annual leave. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf (30MSS/DPCE)

b. Career Program Changes: Effective immediately, registration is no longer required for training opportunities offered through Career Programs. On-line registration has been turned off and all documents pertaining to Career Programs and on-line registration have been removed from the AFPC Web Page. Career Programs have moved to a more deliberate, strategic approach to civilian force development and no longer require employees to self identify by registering for training purposes. Career Enhancement Plans (CEP) will still be used, as a means for employees and their supervisors to identify individual training needs for FY05, until a new process is in place for individual development planning. Changes will not impact the allocation of training or how nominations are solicited or selections for Career Program-sponsored training this year. These changes are designed to improve customer service in two ways: by eliminating the workload associated with registration, and by increasing the focus on requirements. Detailed information on these changes will be incorporated in the FY05 Civilian Training & Development Guide <http://www.afpc.randolph.af.mil/cp/dpkd/guide/>. Questions may be directed to the Affirmative Employment Section of the Civilian Personnel Flight at extension 6-3641. (30MSS/DPCE)

c. AFPC Employment Web: The Air Force Personnel Center (AFPC) will be upgrading parts of the civilian personnel data system 26 Mar 04 through 2 April 04. During this time, the employment web will be **offline**. All resume and/or self-nomination actions **will not** be possible during this period. This should not affect VAFB employees wishing to apply for positions as no vacancy announcements will be posted, nor will the Civilian Personnel Flight be able to send Requests for Personnel Action (RPA) for recruitment purposes. Questions may be directed to the Affirmative Employment Section of the Civilian Personnel Flight at extension 63641. (30MSS/DPCE)

5. 30th Medical Group: (30MDG)

a. Clinic Closure: The Vandenberg Clinic will be closed Thursday, 25 Mar 04 for Mandatory Medical Readiness Training and Friday, 26 Mar 04 for Wing Down Day. For urgent needs please call 606-CARE or 888-252-3299. Please plan ahead for appointments and pharmacy refills. For more information contact Capt Starks at 6-3308. (30MDOS/SGO)

b. Mammography Services Moving Downtown: Beginning 1 Apr 04, the 30th Medical Group will refer all mammography services to the civilian community due to the loss of the mammography technician. Active Duty personnel require a referral from their Primary Care Manager prior to going downtown. Other TRICARE Prime beneficiaries may be eligible to self refer to a network facility, as part of their annual well visit. TRICARE will not cover screening mammography for asymptomatic women less than 35 years of age. Additional information is available by visiting the TRICARE Service Center or calling 1-800-242-6788 or online at <http://www.tricare.osd.mil/>. (30MDG/SGO, 6-3308)

6. 30th Security Forces Squadron: (30SFS)

a. Installation Entry Gate Hours: The Santa Maria Gate, Solvang Gate, South Gate and Timber Lane Gate are open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Friday. The Titan is closed. (30SFS/SFOC, 6-3911)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30SFS/SFOS)

c. Neighborhood Watch: The Security Forces Crime Prevention Office is organizing Vandenberg's Neighborhood Watch. We are currently looking for housing residents, who would like to pioneer the organization by being part of the planning committee for their block. Neighborhood Watch is an association of neighbors who look out for each other's families and property, alert the police to any suspicious activities or crimes in progress and work together to make their community a safer and better place to live. Please contact SrA Johnson at 5-0792 or e-mail Harris.Johnson@Vandenberg.af.mil. (30SFS/CPO)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750 the weekend of 26—28 Mar 04. Call 606-5565 for recorded movie information only.

Day	Date	Movie Title	Rating	Opens	Starts
Friday	26 Mar 04	"Against The Ropes"	Rated PG-13	1830	1900
Saturday	27 Mar 04	"Miracle"	Rated PG	1830	1900
Sunday	28 Mar 04	"Catch That Kid"	Rated PG	1330	1400

E-mail Vanessa Probert at ProbertV@aaffes.com. (A AFFES)

b. Interested in Swordplay? New group just started! The Association of Renaissance Martial Arts (ARMA) is an educational non-profit organization dedicated to the study and practice of historical swordsmanship and the exploration and promotion of Western martial heritage. The ARMA focuses on the interpretation and legitimate reconstruction of Medieval and Renaissance combat systems as a modern discipline. The ARMA's efforts are directed toward resurrecting and reconstructing a legitimate craft of European fighting skills in a manner that is historically valid and martially sound. See the ARMA website at www.theARMA.org and if you are interested in being part of Vandenberg's group call Tim Merritt at 440-9519 or 6-3732. (30CES/CECE)

c. Scuba Diving Class: It's not too late to get into the Scuba Diving Class starting now at a cost of \$185.00. The warmer weather is not far away, so come join us. All equipment, books, materials and the certification will be provided. Contact Bob Johnson for more information at 736-6201 or 452-6218.

d. Krispy Kreme Doughnut Sale: The Vandenberg African-American Association is sponsoring a base wide Krispy Kreme sale on 16 Apr 04 to help fund scholarships we provide to aspiring students in our local community. Classic glazed doughnuts will be sold for \$6 a dozen and assorted doughnuts for \$7 a dozen. We are now conducting pre-orders from now up until 06 Apr 04. Contact SSgt Sneed at 6-7105, SrA Nurse at 6-5525, or your unit representative and get your pre-orders in right away! (576FLTS/TMRI, 6-7105)

e. Kids Day In the Park Volunteers: The North County Rape Crisis and Child Protection Center needs approximately 200 volunteers from Vandenberg AFB and the local communities to help organize and operate Kids Day in the Park - the annual fundraiser for the Child Safe Program on 18 Apr 04. Volunteers are needed at Waller Park in Santa Maria to help set up, work shifts in the various booths and games, and clean up the park at the end of the day. NCRCCPC supports Vandenberg schools and provides puppet shows and other demonstrations to help educate our children on how to be safe. For more information or to sign up as a volunteer, please contact Arlene at 736-8535.

f. Kids Day in the Park: Fly Away to Kids Day in the Park, Sunday, 18 Apr 04, at Waller Park in Santa Maria! North County Rape Crisis and Child Protection Center is holding its 19th Annual Kids Day in the Park. Bring your family to Waller Park from 1000 to 1600 and enjoy the live entertainment, carnival games, safety booths, free give-a-ways, great food and much, much more. For more information, please call 736-8535.

g. Money To Run! Always wanted to run in the USAF Marathon at Wright Patterson AFB, OH? Here is a chance to go, and get some of the costs paid for. All you need to do is file an AF Form 303 (Request for USAF Specialized Sports Training) through the Base Recreation Center. Pick up the form on the web at <http://www.e-publishing.af.mil/forms/formlist.asp?puborg=AF&series=0300-0399> There is a spring deadline to file this form, even though the marathon is in September. Beginning marathon training now will help prepare you for success! For more information contact the Recreation Center or Capt Paul Onderwater of the 533TRS at 606-1541 x 3723, or e-mail at paul.underwater@vandenberg.af.mil. (533TRS/DOC)

h. American Lung Association Asthma Walk: The American Lung Association of Santa Barbara and Ventura Counties is sponsoring an Asthma Walk on Saturday, 1 May 04, from 0830-1300 at Ryon Park in Lompoc. Everyone is invited to take part in this event and help raise money to defeat asthma. You can start your own team or join ours! For more information, please contact Shilo Lucyk at 734-1265, email: ps.lucyk@verizon.net or Breea Lemm at 6-8631, e-mail: breea.lemm@vandenberg.af.mil. (30WS/DOV)

Health and Wellness Center: (30MDG/HAWC, 6-2221)

a. Tobacco Cessation Classes: The HAWC now offers evening Tobacco Cessation classes from 1600—1700 at the HAWC, the class dates are as follows: 25 Mar 04—29 Apr 04, 17 Jun 04—2 Jul 04, 12 Aug 04—6 Sep 04, 7 Oct 04—8 Nov 04. For those individuals unable to attend the day or evening classes, a take home CD-Rom version of the class is also available. For more information please contact the HAWC at 6-2221.

b. HAWC On-line Class Sign-ups: For the following classes please go to www.php-ids.com to register as a new student and sign up: Fitness Improvement Program (FIP), Healthy Living Workshop (HLW), and Body Composition Improvement Program (BCIP). For more information regarding any of these classes, please call the HAWC at 6-2221.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: Catholic Mass: Saturday, 1615—1645 confessions; 1700 Chapel 2; Sunday, 1000, Chapel 1, Daily Mass 1130 M-F, Chapel 2. **Protestant:** Praise & Worship 0830 Sunday, Chapel 2; Gospel 1130 Sunday, Chapel 2; Traditional 1130 Sunday, Chapel 1.

b. The Vandenberg Jewish Community: Hebrew and Bar Mitzvah classes are ongoing on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. Vandenberg Officer Christian Fellowship: Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612 Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information or e-mail Keith.Keana@vandenberg.af.mil

d. Stations of the Cross: "Stations of the Cross" continue through Lent on Friday, 26 Mar 04 and 2 April 04 at Chapel 1 from 1700—1900. Please come and join us for soup and bread at the Chapel 1 Annex followed by the stations.

e. Jewish Services: On 2 Apr 04 at 1900 there will be a Jewish Shabbat Service held at Chapel 1. Rabbi Sarah Schechter from Los Angeles AFB will be leading the service. On Saturday, 3 Apr 04 at 1600 we will be

having a class called "Conducting a Family Seder". Please call Randee Van Ness for more information, 734-3311.

f. Annual Seder Service: The Vandenberg/Lompoc Jewish Community will be holding it's Annual Passover Seder on Monday, 15 Apr 04 at 1800 at the Pacific Coast Club. Come and enjoy a traditional Passover Seder. The price of the tickets is \$18.00 for adults and \$12.00 for children 6—10. Children 5 and under are free. Club members may call for the military rate. Everyone is invited to join us for this event. For more information and ticket reservations, please contact Randee VanNess at 734-3311.

g. Protestant Holy Week Schedule: 4 April 04, Palm Sunday Services at their standard scheduled times. On 8 Apr 04 at 1900 at Chapel 2, there will be a Maundy Thursday service. The Protestant Easter Sunrise Service will be held at the Chapel 1 patio at 0630 on 11 Apr 04. Easter Services: 0830 Praise & Worship service at Chapel 2, 1130 Traditional Service at Chapel 1, and 1130 Gospel service at Chapel 2.

h. Catholic Holy Week Schedule: 4 April 04 is Palm Sunday, and you are invited to join us at the Religious Education Center at 0930 for the Blessing of the Palms, and proceed to Chapel 1 for the 1000 Palm Sunday Mass. 8 Apr 04 is Holy Thursday with the "Washing of the Feet" at 1900 at Chapel 1. The Adoration of the Blessed Sacrament will be from 2000 to 2400. The Veneration of the Cross will be on Good Friday, 9 Apr 04 at 1900 at Chapel 1. The Easter Vigil will be 10 Apr 04 at 1900 at Chapel 1. Easter Sunday is 11 Apr 04 and Mass will be at 1000 at Chapel 1.

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact, 30MSS/DPF, 6-0039).

a. Office Closure: The Family Support Center is closed for staff training every Monday from 0730—0930. Personnel requiring emergency Air Force Aid will be assisted. Call 6-0039.

b. Computer Resource Room: The Family Support Center's Computer Resource Room is now open to customers needing to access the Internet for job searches, relocation assistance, or to stay in touch with the family if separated because of military obligations. Walk-ins are accepted from 0800—1600.

c. Winning Interviews Workshop: Wednesday, 24 Mar 04, 1300—1500 at the Family Support Center. Learn the fundamentals of interviewing, necessary preparations, types of interviews, and what to expect. This workshop is open to active duty, spouses, retirees, family members, and DoD civilians. To register call 6-0039 or go on-line to www.PHP-IDS.com.

d. Kids on the Move Workshop: Friday, 26 Mar 04, 1500—1630 at the Family Support Center. The workshop is for school-age children ages 6-11 who are going to be moving or have just moved to Vandenberg. To register call 6-0039 or go on-line to www.PHP-IDS.com.

e. Newcomer Orientation for Spouses: Monday, 29 Mar 04, 0830 to 1000 and then come to HeartLink, 1000—1200 at the Pacific Coast Club. This is a great way as a newcomer to Vandenberg to learn about the base and at HeartLink for spouses who wish to gain a greater understanding about being married to a military member and all the valuable resources and programs that spouses would benefit from. If you attend you will receive a lunch voucher for a free lunch at the Club and free childcare from the Air Force Aid Society. Call 6-0039 to pick up the childcare voucher before you attend the Orientation. Registration is not necessary.

f. Disabled American Veterans (DAV) - Mobile Service Operation: There is no appointment necessary. Bring medical records on 30 Mar 04 to the Veteran's Memorial Building, 108 E Locus Street, Lompoc, from 0900—1800. For more information contact Dan Contreras at 310-477-2539.

g. 2004/2005 General Henry H Arnold Education Grant Program: You applied for the AFAS General Arnold Education Grant...and by return mail you got a packet with something called a Family Financial Data Form (FFDF) seeking specific financial information, and a grade point average verification form. The FFDF is different than other financial aid forms and is scored differently because you're Air Force...and it is part 2 of a complete application. Complete both forms and mail them in right away! The receipt deadline is 15 Apr 04!

h. BabyMeet: This group is in need of a volunteer to oversee this fun activity. If you are interested call Lora. They meet Tuesday and Thursday at 0900 at the Religious Education Center, Bldg 16140. If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. If you are interested in helping out with the group contact Linda Bastine at 6-0039.

i. Playtime for Tots: This group is need of a volunteer to coordinate this fun activity. They meet Wednesday mornings at 1000. This playgroup is for parents and the children ages 2 to 5. If you are interested in helping out with the group contact Linda Bastine at 6-0039.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Early Bird Shop:** Tuesday - Thursday, shop opens at 1000.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Surf Lanes Invitational Tournament:** 10-11 Apr 04. Trios and Singles Event all in one tournament! Stop by Surf Lanes for more details and entry forms.
- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Friday, 2200—0100, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **Waffle Day:** 25 Mar 04, 0500—0800. Pick from an assortment of waffles during breakfast.
- **Dial-a-Menu:** Call our telephone menu service and find out what's being served in your dining facility. The number is 6-8234.
- **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Provider Training:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **April Fool's Fun Run:** 2 Apr 04, 1200.
- **Pick-up Basketball:** Monday-Friday from 1100—1300, and Tuesday-Thursday from 1600—1700 at the Fitness Center.

g. Library: (30SVS/SVMG, 6-6414)

- **Patch Club Meeting:** 26 Mar 04, 1700 at the Library. The Patch Club is a book club for students from grades 2 to 5. Each month we pick a theme and participants read a book relating to that theme. The theme for March is pirates and sailing!
- **Pre-School Storytime:** Thursday at 1000.
- **Dial-a-Story:** The phone number is 6-4300. Available 24/7, story changes each Sunday.
- **Book Clubs:** Interested in a Book Club? The library is seeking facilitators for new reading groups in women's literature, kid's reading patch clubs, mystery and adventure.

h. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)

- **Course Aerification:** 22—26 Mar 04. Aerification of all greens, tees and fairways during the week.
- **Green Fee Renewals:** Make sure to avoid the long lines. Annual advance green fee cardholders can start renewing their fees for 2004 starting 23 Mar 04.
- **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8 years and up. Cost is \$5 each session including use of rental club set and range balls.

i. Outdoor Recreation/Equipment Checkout: (30SVS/SVRO, 6-5908)

- **Sailing/Whale Watching:** Santa Barbara sailing trips are back! The next sailing dates are the 27, 28 Mar 04 and 3, 4 Apr 04. The sign up deadline is the Wednesday prior to that weekend's trip. Cost is \$45. Trips depart VAFB at 1030 and return at 1730 with a sailing time of 1200—1600.

j. Pacific Coast Club: (30SVS/SVRMC, 734-4375 or 734-4376)**Entertainment/Events:**

- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
- **Over the Hump Night:** Wednesday in the E-Lounge. Free wings and things starting at 1700 until gone. DJ and drink specials from 2000—2400.
- **DJ with Variety Music:** 26 Mar 04, 2000—0200. DJ with variety music every Friday in the Enlisted Lounge.
- **Karaoke Night:** 26 Mar 04, 1900—2300, in the Officers' Lounge.
- **18 & Over Night:** 27 Mar 04, 2200—0300, in the Enlisted Lounge. The best of R&B, Hip-Hop and old school. Drink specials and give-a-ways. Club members - Free, Others - \$3.
- **Live Music Night:** 2 Apr 04, 2100—0100, in the E-Lounge. Enjoy a mix of 60's Rock & Roll music

from the band "Unfinished Business."

Menu:

- **Mongolian BBQ:** 24 Mar 04, 1800—2000.
- **Easter Sunday Brunch:** 11 Apr 04, 1000—1400.
- **Weekly Lunch Buffets:** Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly); Wednesday - Santa Maria BBQ Buffet, Thursday - Chicken and Ribs Buffet, Friday - Seafood Buffet.
- **Monday Madness:** Monday evenings. All-you-can-eat pizza buffet with drink. Regular - \$7.00, Members - \$5.00, children under 12 years of age - \$3.00. (No coupons)
- **Fried Chicken Buffet:** Tuesday evenings. Try our Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95, children under 12-years - half-price, children 4-years and under - free.
- **Kids Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
- **Pasta Mania Buffet:** Thursday evenings. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.

k. Rod & Gun: (30SVS/SVRR, 6-4560)

- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
- **Skeet Leagues:** Skeet leagues are forming now! Anyone interested in forming 5 man teams to begin in April may sign up at the Rod & Gun Club or call 6-4560.
- **Sporting Clays:** 28 Mar 04, 0900. Signups at 0830, competition begins at 0900. Sporting clays shoot runs the second and fourth Sunday of the month.

l. Services Center: (30SVS/SVYR, 6-7976)

- **Tour Presentation:** 30 Mar 04, 1900. The 'Costa del Sol' and 'Blue Danube River Cruise with Vienna, Prague and Budapest' tours will be discussed at the Services Center. Make sure to stop by for valuable information on these upcoming trips.
- **Sierra Summit Lift Tickets:** Sierra Summit ski lift tickets are available at the Information, Ticket and Travel (ITT) office. Cost is \$38.50 per person.
- **Travel Specials:** Complete air and land travel packages for Mexico and Hawaii, plus special rates on 3 and 4 day Baja Mexico cruises. Call Edwina at 606-1675 for more information.

m. Skills Development: (30SVS/SVRS, 6-6438)

- **Stained-Glass Workshop:** 24 Mar 04, 1700. \$2.50 per hour + cost of materials.
- **Scrapbooking Workshop:** 25 Mar 04, 1800—2000. \$2.50 per hour + cost of materials.
- **Ukrainian Egg Painting Class:** 3 Apr 04, 1130—1430. Cost is \$35 per person, all materials provided.

n. Swimming Pool: (30SVS/SVRO, 6-3581)

- **Pool is Currently Closed:** Due to repairs, the pool is closed until further notice.

o. Veterinary Clinic: (30SVS/SVRV, 6-3019)

- **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.

p. Youth Center: (30SVS/SVYY, 6-2152)

- **Easter Egg Hunt:** 10 Apr 04, 0900.
- **Salute To Youth:** 17 Apr 04, 1900—2200.
- **Congressional Award:** This award is designed to recognize youth ages 14—23 for achievement in four areas: Volunteer public service, personal development, physical fitness, and expedition/exploration. For more information, call Michael Renner at 6-2152.
- **Softball Registration:** Open spots are still available for youth softball league. Sign up at the Youth Center, Monday—Friday from 0700—1700. Cost is \$55. Youth Center members—\$50.

Education Center: (30MSS/DPHE, 5-5904)

a. Pitsenbarger Award Scholarship: Pitsenbarger Awards provide a one-time grant of \$400 to selected top USAF enlisted personnel graduating from the Community College of the Air Force (CCAF) who plan to pursue a baccalaureate degree. The grants coincide with the CCAF graduation ceremonies held each spring and fall. There are certain requirements/selection criteria for the award. A Pitsenbarger packet with requirements, application, sample narrative and guidelines is available at Base Education. You may also get the guidelines and application at the following website, <http://www.aef.org/aid/pit.asp>. Deadline for applications to be received at Base Education is COB 24 Mar 04. For more information call Kathy Moran at 5-5904. (30 MSS/DPHE)

b. Embry Riddle Aeronautical University: ERAU offers two undergraduate degree programs in Professional Aeronautics (BSPA) and Technical Management (BSTM). We also offer two graduate programs:

Master of Science in Management (MSM) and Master of Aeronautical Science (MAS). The MAS has seven specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. Our March term schedule is available on our website at www.erau.edu/vandenberg. For current information regarding admissions and our programs call the office at (805) 734-4076 or 6-6557. We have an extensive online catalog and have 150 locations worldwide. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday - Thursday 0830 to 1730 and Friday 0900 to 1200. Our phone numbers are 6-6557 or 734-4076. Our e-mail is Vandenberg.Center@erau.edu. (ERAU)

c. Chiefs' Group Scholastic Grant: In fulfillment of the VAFB Chiefs' Group charter of "promoting enlisted welfare" we're soliciting applications for the semi-annual Chiefs' Group Scholastic Grant to be awarded on Friday, 23 Apr 04 at the CCAF Graduation Ceremony at the PCC. Any enlisted active duty, reserve or guard member in the grade of E1 - E7 stationed at VAFB or an associate unit on base is eligible to apply. Applicant must be currently attending an accredited college or university in pursuit of an associates or undergraduate degree. Recipients may receive only one grant per 12-month period. Grants will be awarded in amounts not less than \$50 and not more than \$100. Applications can be picked up from any VAFB Chief, Unit First Sergeant or the Chief's Group, or contact CMSgt Judy Valentin. Applications must be turned into Chief Valentin NLT COB 6 Apr 04. You can FAX your application to Chief Valentin at 6-0189 or send it through base distribution. (14AF/A3, 5-6416)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: lexi.schwartz@vandenberg.af.mil

b. First Tip: A Quicker Way To Access FrontPage's Various Properties Dialog Boxes - Simply right-click on the page element whose properties you want to edit. The context-sensitive shortcut menu will contain the command you're looking for. **Second Tip: Quickly Change The Background For Multiple Slides In PowerPoint** - You can quickly change the background color or fill for multiple slides in your presentation simultaneously without having to change it for all of them. To do so, switch to the Slide Sorter View and hold down CTRL (SHIFT in PowerPoint 97) as you click on each slide you wish to modify. Next, choose "Background" on the Format menu to launch the Background dialog box and select the color or fill effect that you want for the selected slides. Finally, click Apply when you're satisfied with your changes to update the selected slides while keeping the unselected slides unchanged.

c. Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
Word - Mail Merge	24 Mar 04	1130—1230
IAAP Managers	24 Mar 04	0800—1130
Defense Message System 3.0	25 Mar 04	0800—1100
Office - Customizing Toolbars	26 Mar 04	1130—1230
PWRR	26 Mar 04	0800—1100
Access 2000 Intermediate	29-2 Apr 04	1300—1600
Word 2000	29-31 Mar 04	0800—1100
Photo - Cropping and Cloning	29 Mar 04	1130—1230
PowerPoint - Custom Animation	31 Mar 04	1130—1230
LAN Access Training	1 Apr 04	0800—1100
Acrobat Reader	2 Apr 04	1130—1230
Toolbar Mastery	2 Apr 04	0800—1100
PowerPoint 2000	5-9 Apr 04	1300—1600
Project 2000	5-8 Apr 04	0800—1100
Excel - Filtering, Sorting, and Subtotals	5 Apr 04	1130—1230
Photo - Panorama	7 Apr 04	1130—1230

ISSO Training

7 Apr 04

0800—1130

Office - Customizing Toolbars

9 Apr 04

1130—1230

LAN Access Training

9 Apr 04

0800—1100

Note: Walk-ins are always welcomed!**Items For Sale:**

For Sale: 2001 Ford F150 Supercrew, excellent condition, 60k miles, extremely clean, \$3,000 in extras, call for details. NADA valuation of \$20,400, selling for \$18,699. Call 734-6734.

For Sale: 2000 Mitsubishi Eclipse GS, dark red, 5-speed, P/S, P/B, P/W, keyless entry, pop-up/slide back sun roof, alloy wheels, premium sound, very clean, one owner, service record/well maintained, 58,500 miles. \$11,000. Call 736-9482 after 1800.

For Sale: 1996 Ford Escort LX, 5 Speed, 75,000 miles, great little car, \$3,500. Call Mike Fox at 734-2625.

For Sale: 1991 Cutlass, leather interior. Good condition. Leaving the area, must sell: \$1,900/obo. Call 737-9484.

For Sale: 2000 Kawasaki 1500cc Vulcan Nomad, 19,200 mi., EFI, Shaft drive, silver on red with gold trim, beautiful bike, easy to open hard bags, smooth as glass with brand new tires, most comfortable, least expensive big twin cruiser to own and operate. Tune-up-\$8, oil change-\$16; clean air filter-\$0. Always covered in garage. \$8,195/obo. Call 937-9026 after 1630.

For Sale: 2000 Honda Shadow A.C.E. 750cc motorcycle. Black and silver deluxe model, only 3,900 miles, always garaged and like new condition. \$4,600/obo. Call 734-2050.

For Sale: Diablo DS5 Spinning Rim Kit, 20-inch. The Battle Axe style that came from the Spot Lowrider. These are the top of the line spinners that will fit most cars and trucks, \$1500/obo. Call 735-7239.

For Sale: Men's complete mess dress w/MSgt insignia: jacket 51L, pants 36/34, shirt 17.5/36, w/cummerbund, suspenders, tie, studs, cufflinks, worn 3 times, \$200/obo. Call Al at 734-0062 and leave a message.

For Sale: Sofa and love seat less than one-year-old. Tan with wood trim. Must sell: \$300/obo. Please call 734-1409 after 1630.

For Sale: Rug, German, 8' x 11' blue w/floral accents, \$100/obo. 5-piece metal living room set w/glass tops \$150/obo. Please call 734-2392.

For Sale: Bedroom set, 3-piece, girl's white 4-poster canopy bed, matching dresser and mirror; \$250. Call Mike Fox at 734-2625.

For Sale: Twin size pillow top mattress, box spring and frame, \$150. Please call 805-757-8575 or e-mail itreei@verizon.net.

For Sale: Window air conditioner, 12,000 BTU, \$150, Kenmore microwave \$50, full size bed with frame \$50, office desk \$20, matching blue floral carpets (8x12, 5x7) both for \$20, stereo cabinet \$20, Pentium computer (P100, 80 Megs RAM) with color printer \$80, bedroom set w/queen headboard, nightstand, dresser/mirror, armoire, \$300, ProForm tension exercise bike \$30. PCSing, everything must go by 25 Mar 04!!! For more information, call Jon or Brenda at 734-1290.

For Sale: Bissell steam carpet cleaner w/attachments, \$100. Portable basketball hoop \$50. One 52-inch ceiling fan with 3 light kit and reversible blades, \$25. Twin size bed frame, white enamel w/decorative finials, \$20. One wood quilt rack, \$5. Please call 478-0563 and ask for Cari.

For Sale: Entertainment Center, cherry with black top \$35, 2000 Chevy Blazer Tires and Wheels \$200, 2 twin size box spring mattresses \$10 each, Optimus Stereo Receiver and box speakers \$50, Apex DVD Player, 1-yr-old \$20. Call 757-7103 or 757-7104.

For Sale: Moving sale. Beautiful sofa and loveseat, \$350/obo. Sony 36" flat screen WEGA TV w/4 speakers, DVD, VCR, amplifier & stand, originally paid \$3,500, asking \$1,900/obo. Call 735-2291.

For Sale: Chest of drawers, 4-drawers, about 46-inches high, oak and very solid. Old, but durable. Looks nice. \$100. Forest green leather sofa, \$100/obo. "Rigid" 36" Pipe Wrench, like new \$75. Call 934-1051 after 1600.

For Sale: Full-size wood futon w/mattress, in good condition. Need to sell right away to make room for new bed. Originally paid \$300, asking \$100. Call Nathan at 733-4148 and please leave a message.

For Sale: Sony Playstation w/case and 100 games. \$400. Nintendo 64 w/8 games. \$150. Call Joe 734-1630.

For Sale: Cal Spa hot tub, excellent shape, 220/110, 6-person, \$2,000/obo. Call 934-7967.

For Sale: Yorkshire terrier, 1-year-old, full-grown 6.5lb. Neutered, shots current, \$600. Call 348-1927 or 588-3424.

For Sale: Dogloo dog house, extra large size. \$60/obo. Call 734-2050.

For Sale: Full setup 60-gallon saltwater reef aquarium w/oak stand & canopy. Includes wet/dry filter, skimmer, lights, rock, fish, testers, accessories included. Price \$450/obo. Call Gary at 735-1130.

Free: Red yard bricks. Square, hexagon, and scalloped border available. Call 734-2050.

Yard Sale: 107 Rolling Drive, Family Housing on Saturday, 27 Mar 04 from 0700—1300 and Sunday, 28 Mar 04 from 0800—1300. Multi-family sale including baby clothes, toys, household goods... too much to mention.

Yard Sale: 114 Creekside Lane, Family Housing on Saturday, 27 Mar 04 at 0730—1130. Crib, washer/dryer, dining room chairs, toys, clothes, etc. Please call if specifically looking for items of this nature, 734-4441.